NOVEMBER 2026

BELLE TECHE NURSING & REHAB

Life Works Wellness Calendar

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 Cross Word Puzzle Word Search Color Sheets All Saints Day Day of the Dead Daylight Savings Time Ends	2 9:30 Game Club: Bingo 11:00 Body Works: Ball Toss 1:30 -2:30 Reel Talk 3:00 Nature Works: Scented Pinecones	3 9:30 Body Works: Exercise with a Pumpkin 10:00 Game Club: Shark 1:30 Game Club: Pick A Turkey Election Day	Wellness Wednesday 4 9:30 Wellness Works: Diabetes Basics 10:00 Bible Study 11:00 Mind Works: Last Letter First 2:00 Sports Fitness: Pickle Ball	5 9:00 Room Visits 10:00 Spiritual Care-Mass 10:30 Mind Works: Turkey Trot Trivia 1:30 Treats & Outside Social	6 10:00 Reel Talk: Westerns 1:30 Chef's Corner: Pudding Cups 2:30 Music Works: Thank You For the Music Bingo	7 Cross Word Puzzle Word Search Color Sheets
8 Cross Word Puzzle Word Search Color Sheets	9 9:30 Minds Works: Name the Book 10:00 Body Work: Exercise 10:30 Stars & Stripes 1:30 Men's Club: Football Who am I?	Travel Tuesday 10 9:30 Body Works: Head shoulder Belle Buck 10:00 Game Club: Bingo 1:30 Travel Club: Turkish Music & Movement Exercise	11 9:30 Body Works: Work Out with Jay 9:45 Mind Works: Last Letter First 1:30 Veterans Day Program and Certificates Veterans Day	12 9:00 Room Visits 10:00 Spiritual Care-Mass 10:30 Music -Social 1:00 Hair Cuts 1:30 Story Time	13 9:00 Life Works Daily 9:30 Morning Manicures 9:30 Blessing of the Shoeboxes 1:30 Game Club: Thankful For the Gift 3:00 Mind Works: Thanksgiving Planner	14 Cross Word Puzzle Word Search Color Sheets
15 Cross Word Puzzle Word Search Color Sheets	16 9:30 Nature Works: Frost and plants 10:00 Body Works: Exercise 10:30 Game Club: Bingo 1:30 Game Club: Pokeno	Travel Tuesday 17 9:45 Travel Club: Turkish Handicrafts 10:00 Sensory Works: Walk Through the Autumn Woods 1:30 Painting with a Twist	Wellness Wednesday 18 9:30 Body Works: Breathe Better 10:15 Wellness Works: COPD 1:30 Game Club: Bible Bingo	19 9:30 Body Works: 10:00 Spiritual Care-Mass Circle Exercise 1:00 Hair Cuts 1:30 Chef's Corner: Holiday Drinks "Let's Toast"	20 9:45 Life Works Daily Move & Groove 9:30 Mind Works: Thanksgiving Name 10 1:30 Game Club: Card bingo, Card Matching Pity Pat	21 Cross Word Puzzle Word Search Color Sheets
22 Cross Word Puzzle Word Search Color Sheets	23 9:00 Room Visits 9:30 Sensory Works: Harvest Time 10:00 Game Club: Domino Bingo 1:30 Mind Works: A-Z Gratitude	Travel Tuesday 24 9:30 Body Works :Let's Move 9:45 Spiritual Care: Worship and Praise 10:15 Thanksgiving highlights 1:30 Travel Club: Let's Learn about Turkey	25 9:30 Body Works: Groove 10:00 Wellness Works: Understanding COPD 1:00 High Lights Christmas 2:00 Resident Council	26 HAPPY THANKSGIVING Thanksgiving planning Booklet All Day	27 9:00 Life Works Daily 9:30 Game Club: Thankful Bingo 10:00 Game Club Bingo 1:30 Game Club: Bingo 2:30 November Birthday Celebration	28 Cross Word Puzzle Word Search Color Sheets
29 Cross Word Puzzle Word Search Color Sheets	30 9:00 Room Visits 10:00 Art Works: Holiday Decor 11:00 Mind Works: Word Scramble 1:30 1ST PLACE Word Search					

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NURSING & REHABILITATION CENTER, LLC