

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY



OCTOBER 2026

BELLE TECHE NURSING & REHAB

Life Works Wellness Calendar



4 Cross Word Puzzle Word Search Color Sheets	5 9:30 Mind Works: Voter Education 10:00 Game Club: Pokeno 2:00 Art Works Bling Bras 2:30 Popcorn Bar	Travel Tuesday 6 9:00 Room Visits 10:00 Game Club: 10:30 Right Left Center 2:00 Virtual Travel Club: Exploring Canda	7 9:30 Art Works: Ghost pops 10:00 Life Works Daily 1:30 Game Club: Bingo & Coffee with a Cop Coffee with a Cop Day	8 10:00 Spiritual Care: Mass 10:45 Game Club: Musical Bingo 1:30 Manicures & Wine 2:00 Musical Social	Fall Fun Friday 2 9:30 Room Visits 10:00 Mind Works: Finish the phrase 10:30 Body Works: Boo Ball 1:30 Football Party	3 Cross Word Puzzle Word Search Color Sheets
11 Cross Word Puzzle Word Search Color Sheets	12 10:00 Wellness Works: Arthritis 11:00 Body Works Arthritis Exercise 1:30 Game Club: Letter link World of Wellness World Arthritis Day	Travel Tuesday 13 10:00 Travel Club: Did you know coloring and tastes of Canada 1:30 Stars & Stripes Social 2:00 Chefs Corner: Berry Yogurt Parfaits	14 10:00 Sensory Works: Fossils 10:45 Game Club: Pokeno 1:30 Virtual Learning: Breast Cancer Awareness	15 10:00 Spiritual Care Mass 10:45 Mind Works:(A-Z) Autumn 11:15 Room Visits 1:30 Game Club: Bingo	Fall Fun Friday 16 Fall Flannel Day 9:30 Spiritual Care Gospel 10:00 Stars & Stripes 1:30 Chef's Corner: Ambrosia Salad 3:00 Game Club: Shark	10 Cross Word Puzzle Word Search Color Sheets
18 Cross Word Puzzle Word Search Color Sheets	19 9:30 Body Works: Boo Ball 9:45 Artworks: Yarn Ghost Frames 1:30 Game Club: Pull Pumpkins 2:30 Story Time	Travel Tuesday 20 9:30 Travel Club: Canadian Hockey 10:00 Wellness Works: Osteoporosis Education 1:30 Game Club: Balloon Volleyball World of Wellness	21 9:30 Mind Works: Apple Bobbing Trivia 10:30 Game Club: Choose an Apple 1:30 Game Club: Bobbing for Apples	22 10:00 Spiritual Care: Mass 10:45 Men's Club: What's Poppin'? 1:30 Game Club: Card Bingo (Bring your Belle Bucks)	Fall Fun Friday 23 Pumpkins and Pajamas 9:30 Reel Talk: Spooky Stories 10:00 Body Works: Pumpkin Strength Class 1:30 Art Works: Doily Pumpkin	24 Cross Word Puzzle Word Search Color Sheets
25 Cross Word Puzzle Word Search Color Sheets	26 9:30 Body Works: 9:45 Stars & Stripes Social 10:00 Crafts with Lacie 1:30 Chefs Corner: Halloween Cookies	27 9:30 Body Works: Exercise 9:45 Finish the Phrase 10:00 Game Club: Hot Pumpkin 1:30 Craft: Jewelry	28 9:30 Bible Study 10:30 Halloween Trivia 1:00 Community Works: Halloween Treat Bags 2:00 Resident Council	29 10:00 Spiritual Care 10:45 NatureWorks: Marigold 1:30 Wellness Works: Stroke Education 2:00 Game Club: Shark World of Wellness World Stroke Day	Fall Fun Friday 30 Hats off to Halloween 9:30 Pumpkin Contest 10:30 Boo Coffee-Tea 10:00 Game Club: Boo Bingo\$\$ 1:30 Birthday Celebration	31 9:30 BOO Coffee 10:30 Game Club: Boo Bingo! Happy Halloween

